

## **GUIDING LIGHT**

**LOVING KINDNESS** 

**OUARTERLY UPDATE** 

**SPRING 2017** 

### **Notes from the Director**

Spring is always a time of opening doors, windows, and refreshing our lives with newness. We tend to "clean house" and say, "out with the old and in with the new". It's a time to take back our lives and start over with new beginnings. Springtime gives us the sense that we can grow and do more, and that we can get outside and move freely. There is a sense of empowerment that rushes through us causing new ideas to spring forth and take on new life.

Guiding Light embraces all seasons of life. We are on a mission to invest in lives, and we see the changes happening in so many people when they take that leap of faith into a new chapter. We believe that anyone who comes to Guiding Light Ministries has been given an opportunity to open new doors and windows, clean house and remove old things to make room for the new. We believe in new beginnings, and we love to watch how new identities and purposes are developed with each individual.

We take seriously the needs of the community and stay open minded in how we can help. It is our goal to meet the needs of the community as we see them arise- and if capable, find ways to be an asset in those areas. This is why we have decided to partner with Covenant Ministry Services and their vision for Kathy's House on West Market St. They have a heart for women in recovery, as do we, and it only seems logical for us to share in the effort to help meet the needs. Guiding Light will offer the Life Skills Program that is designed for women in crisis, in addition to the recovery programming that is available within the community. We find accountability to be a crucial piece to have when involved in educational programming. These things allows time for healing and growth.

Guiding Light has had an Emergency Shelter Option available for over a year now, but we are expanding on this idea to aid the needs we see in the community in this realm. We are looking into developing a home specifically for Emergency Shelter needs, where staff will coordinate client needs and placement in the community. Please join us as we continue to spring forth in launching this expansion.

We appreciate everyone involved.

We need your prayers, encouragement and support for embrace the open doors God has placed in our lives. If you are interested in volunteering please let us know.

Julianne Frankhouser, Executive Director

We are getting ready for the 2017 "**Evening of Inspiration**" for Guiding Light Ministries. This event gives our ladies the opportunity to share their story and how God is changing their lives, one day at a time. They will tell how their lives have been touched through our Life Skills program.

Please plan to attend this wonderful event this fall, and more details will be available very soon!

#### **CONTACT INFORMATION:**

#### 419.236.7935 Iguidinglight@gmail.com

WE ARE OPEN TO ASSISTING ANY AGENCY THAT SENDS US REFERRALS. WE UNDERSTAND THE VALUE AND NECESSITY OF COLLABORATION WITH OTHER AGENCIES.

#### **Needs List**

- GAS CARDS
- CLEANING SUPPLIES
- TOILET PAPER
- PAPER TOWELS
- STANDARD PILLOWS
- TOWELS
- TOPSOIL
- OVERNIGHT COVERAGE VOLUNTEERS
- SILENT AUC-
- MONETARY DONATIONS

We are thankful to all those who have donated in the past, and your continued support is appreciated!

#### **\$HANIEKA'\$ \$TORY**

Shanieka is a native of Savannah, Georgia. She had a hard life growing up, but was accustomed to being an overcomer. This helped her to be able to start over in a whole new state, Ohio. She came in the middle of winter to our Resting Place home. It was definitely a shock, coming from a southern state. Wow, what a welcome with the first snowfall!

While residing here, Shanieka quickly became a strong role model for the other residents by lending a hand when the need arose. Some of her favorite activities are participating in our group "Girl Talk" and cooking class. She also loves going to church at Living Faith Temple on Sunday mornings and helping with the children. Shanieka enjoys cooking her Southern dishes and creating recipes for everyone to try. We will miss her when she moves into her own apartment, but she promises to stay involved as a strong role model and volunteer at Guiding Light Ministries and at church.

"You can achieve many obstacles if you remain humble and patient. All things will be possible, if you work hard and push hard towards your goals in life.

Remember you can do all things through Christ who strengthens you."

-Shanieka "Trell"



#### **HARTSOCK REALTY PRESENTS:**

#### MEAN GREEN GOLF CLASSIC LIMA

PARTIAL PROCEEDS WILL BENEFIT GUIDING LIGHT MINSTRIES

Hidden Creek Golf Club \$5000 FIRST PRIZE

**SATURDAY, JUNE 17 TEE OFF AT 9AM** 

\$500/TEAM OF 4 . \$500 HOLE \$PON\$OR . \$ILENT AUCTION

REGISTER ONLINE AT: MeanGreenGolfClassic.com

# "It's easy to live hard, and hard to live easy." -Lora Lee Furbee

#### TERESA'S STORY

I am so grateful that Guiding Light came in to my life. Before I came here, I had no use for women. I did not like women at all. I didn't trust women and this started with my relationship with my mother. I went through most of my life like this. Since coming, I have learned, that women can be such a strong support system. I have seen the women in this house come together and support each other. The head of the pack is God. I was searching for a place like this, one filled with love, support and God. Its not that I didn't want this before but I never took the time to consider all God had for me. I never looked at the Blessings around me.

When I first got here, I thought "OH NO I am going to have to get up every morning early and sit at a table." Now I look forward to it because I believe God is speaking to me. The quotes, devotions and scriptures shared are so inspirational and apply to my life. I love it here so much I do not want to leave.

There is so much I have realized since being at the Guiding Light. I realize how important it is to do chores each day. I realize how important it is to be honest with each other. I realize how important my appointments and classes are that we have each day. Without them and without people, we wouldn't function as well as we do.

The volunteers that come here are very special in their own way. I don't know how Guiding Light came in contact with so many wonderful people, but they are here. I trust Julianne. Pat the housemother has been my guide. There is nothing that gets by Pat and I admire her for that.

There are so many things I am glad for. I am glad for the beauty of the home. It is absolutely gorgeous



here. I am glad for the luxury of being able to go out back and enjoy the early mornings where I see squirrels, birds, and rabbits even though we are in the city limits. I am glad that I am safe, well taken care of and have people that value me. My self - esteem has escalated. I have power and worth. I am not worthy of Gods love—but I have it and have worth in myself.

Since I have been here I have been introduced to Coleman Professionals. Coleman has benefited me through NA meetings, Mark helping with jobs, and my case manager Tonja. my counselor Courtney has been good too. Job and Family Services helped me with a resume and applying for jobs. I give thanks to Brock for this. I received food assistance and was able to work at the Food Bank. I want to stay connected with all the resources I have attained. I have also been employed while being here.

Now it is time for me to go into my own apartment. It is bittersweet. I plan to still come and visit, attend classes and go to church when I can get out. This is my home and now it's my time because I have graduated from this place. This is the first place I feel like I have graduated from ACCOMPLISHED.