

### LOVING KINDNESS

QUARTERLY UPDATE

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# Hello friends and supporters!

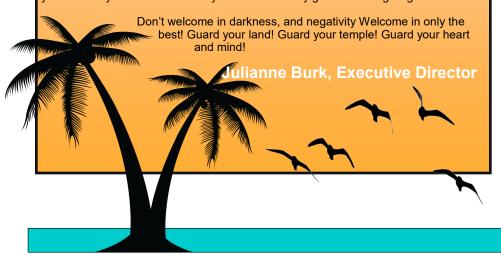
#### **DOORWAYS**

When we think of doorways we tend to think of opportunity; a door into a new place, a brighter future, or way to get to the next season of life. These are all good thoughts. However, I want to touch on the doorways to our soul. We may never think of these as actually existing within us, but there is a reality that we must consider as we take every next step in our lives. When things don't go as planned, or when we perceive things in a negative light... maybe we even believe lies in our head about ourselves - these are all things that enter the "doorways" of our minds and hearts that can be very detrimental to how we live. We must remember that our body is a temple that encases the very inner-being of who we are, and it is important that we guard our doorways.

The word of God says to guard your heart (Proverbs 4:23) Why would God tell us that? Know ye not ye are the temple? (1Cor 3:16) When Jesus entered the temple where people were invading a sacred, life-giving space, He was angered. This place was meant for the presence of God. This is the same for us, for our temple. When we allow the Holy Spirit to come into that space, He protects our doorways from all the things that do not belong.

Jesus plainly states, "Do not let your hearts be troubled" (John 14:1). God says, "have no fear" (Deut 31:8). He tells us that He did not give us the spirit of fear but of a sound mind ( 2Tim 1:7 ). We must renew our minds daily, and it is vital that we consider what comes to our doorways. We will be transformed by Him! He does not want our lives to be hindered by our coming into agreement with lies, curses, negativity, nor evil plans of destruction from the enemy. We must open our doorways only to goodness peace, joy, life and all the fruits of the spirits (Galatians).

I encourage you today to think about your thoughts, think about what you have been through. Are you coming into agreement with lies? Do you see yourself in a negative way? If so, speak life to your soul. Bad memories can be replaced with gratitude and hope, and with an understanding of not allowing anything to come "night your doorstep". Jesus wants to overturn anything in your life that affects your temple. Keep your doorways shut unless what you allow in is only good and life giving.



## **Needs list**

Toilet paper

Paper towels

Standard size paper napkins

Floor soap

2 Chests of drawers

Bedside lamps

60 & 70 Watt light bulbs

Postage stamps

7 Rnx fans

Umhrellas

Gas Cards

## **Services:**

Temporary/transitional housing for women

**Emergency Shelter** 

**Life Skills Program** 

**Case Management** 

**Resource Navigation** 

"Guiding Light is helping me return to my independence."

## **Paulina's Story**



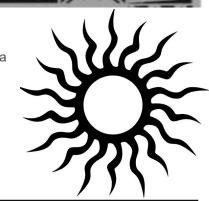
## Looking for Volunteers:

Are you compassionate & caring? Do you desire to make a local difference, and positively impact the community?

How to volunteer at GLM:

- Contact Lillian Jones, Volunteer Coordinator
- Fill out a Volunteer Application for GLM
- Attend our monthly GL Team Meeting
- Join our GL Team Facebook Group
- Get plugged into GLM in a way that utilizes your talents and fits your schedule

Lillian Jones 419.615.5653 @gmail.com



#### **CHECK THIS OUT!**

- Guiding Light celebrates 5 years!
   [2018]
- Big Money Golf
  Outing [September
  8th]
- 4th Annual Evening
   of Inspiration & 5
   Year Celebration
   [October 18th]
- Girl Talk @ GL [Wednesdays 6pm]





