



SUMMER
2019

GUIDING LIGHT

LOVING KINDNESS

QUARTERLY UPDATE

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Hello friends and supporters!

Conditions of the heart VS Heart Conditions

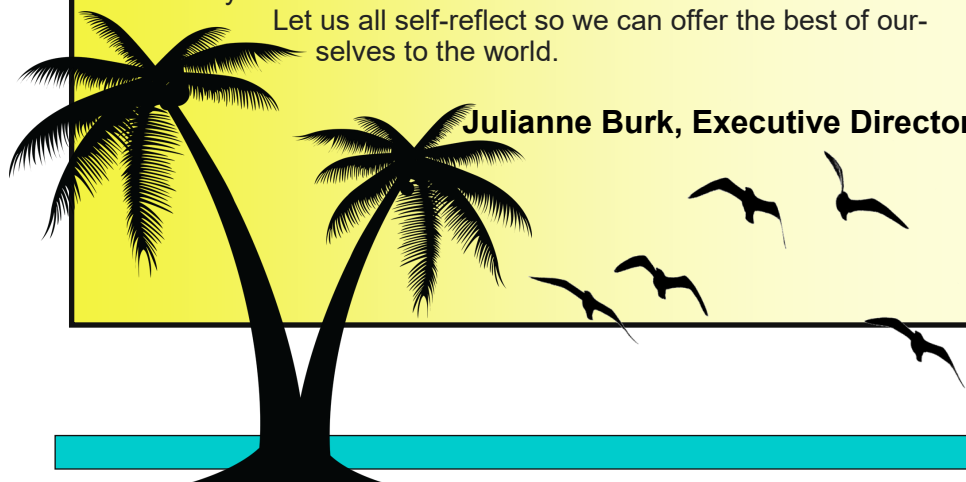
I felt this topic was something that came to me in order to give clarity. Conditions of the heart affect our every day life and how we carry ourselves. Specifically, we can agree that there are multiple things in our lives that only we can change. These may include; our attitude, which directly affects our success, our thoughts about ourselves, negative perspectives, actions taken, and words spoken. What is in our heart will come through all of these ways we communicate. What we need to do is find which areas require healing so that our heart guides us in a manner for our good and not our demise. This relates to personal character.

The other side regarding Heart Conditions may come from areas needing healed. These areas may be new to the person or may have been ignored. For instance, a person may be able to move forward in life without having issues in the above mentioned areas but find there are things from their past or current emotions that are showing symptoms that something is wrong. They may be good at taking care of everyday life requirements but something may distract or delay progress. There will always be a need for inner healing based on life's circumstances. Sometimes people are in denial about areas where they need healing or growth. This requires attention. Heart conditions must be addressed or the person will not be able to maintain the things around them that are most important.

The best way to know the difference and to gain healing is through prayer. Seeking someone that will listen and pray will always be the best remedy for issues of the heart.

Let us all self-reflect so we can offer the best of ourselves to the world.

Julianne Burk, Executive Director



Needs list

Toilet paper

Paper towels

Standard size paper napkins

Floor soap

2 Chests of drawers

Bedside lamps

60 & 70 Watt light bulbs

1st Class Postage stamps

Umbrellas

Gas Cards

Hand towels, face wash cloths, bath towels

Services:

Temporary/transitional housing
for women

Emergency Shelter

Life Skills Program

Case Management

Resource Navigation

5th annual

"Evening of
Inspiration"

fundraiser dinner

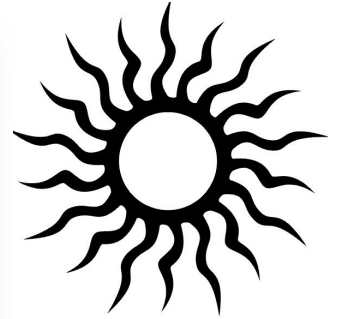
October 24th, 2019

<https://eoi2019.eventbrite.com>

Jessica's Story

My name is Jessica. I am twenty-one years old. I am a recovering addict with 16 months clean. My addiction led me down the wrong path. I was arrested and received a robbery charge. By the grace of God I was sentenced to the Worth Center. When I was released on November 27, 2018 I found myself on the doorstep of Guiding Light. Although apprehensive, I felt God had led me here for a reason. In the beginning, it was difficult to adjust to the program, classes, chores, cooking and having to be on time to everything. But, once I surrendered to God's plan for me, I began to notice a difference in my life and myself. My life seemed more manageable. Things I learned while at Guiding Light were the importance of a routine, time management, discipline, self-care, self-worth, and financial responsibility. I was able to set goals and meet them. And most importantly – my relationship with Jesus Christ got stronger. I grew up and learned how to be an adult. I do tend to fall short at times. But I have tools now from all the programs, classes, and meetings I attended so now I can notice my issues and then get myself back to where I need to be...

(continues)



Jessica's Story Cont.

By the grace of God I have a little over 16 months clean. I was blessed with a very good job, a vehicle, and I have my own apartment. Within 8 months, I was able to accomplish these things. I appreciate all the help and support from everyone from Guiding Light, and the Worth Center. I don't know where I would be if these places weren't here.

Financial Donations

Guiding Light Ministries is in need of financial donations. Expenses have been higher partly due to vehicle repairs and property maintenance. We are looking for one or two vehicles, preferably minivans, to be donated to our ministry. Donations of any amount are appreciated.



Our *PayPal* email is 1guidinglight@gmail.com

Make checks payable to Guiding Light Ministries

mail to: 592 S Main St Lima, Ohio 45804

