Hello from Guiding Light Ministries!!

I wanted to share something I noticed the last time I was jogging. One thing I realize is this, if you allow defeat in your mind before you even start, you won't start. If you embrace fear and defeat in the midst of something, you will stop or delay yourself. If you keep hope alive and your thoughts remain positive, knowing you will make it through, you will. I was at the end of my jog, when I saw a strange man approaching me. I was uncertain of who he was or why he was headed in my direction. I could feel my body was weaker from the jog and I was asking myself if I could fight if I had to. I was the only person in sight. I began noticing that the run was getting harder as I was trying to prepare myself for the worst-case scenario. This is not to scare anyway but just to show the power of our thoughts. As I got closer to the man, my thoughts of distress actually unfounded distress - my body had slowed and went into walking mode without me realizing I was no longer jogging but my thoughts had caused my body to slow down and walk. My mind went towards the concern, worry, fear or panic and prepared my body to be positioned for fighting. In that same instance I stopped myself and realized what I was doing. I started praying for the man that today he would have an experience with Jesus, that if there was any wrong intention in his heart that the Lord would change that and help him. I prayed blessings. By the time we crossed paths face to face, I was praying goodness over the man. Although I was still cautious about him, I was safe in the arms of Jesus. What I mostly realized from that moment is that our thoughts defeat us more than we know. Had I just kept focusing on staying the course and praying for good I would have finished my jog successfully. Instead my mind put my body into a state of survival mode vs. how I started. How many times do our defeating thoughts start inside of us, before we begin, or arise in the middle of us pushing forward. Like I said this was towards the end of my run. What tends to keep me going when I jog is my focus on the right thoughts and pushing my self to the finish line. What stopped my body in my tracks, were my thoughts of concern, worry, panic and my mustering up the ability to fight back. Lots of people get in a state of panic, or fight mode that can sometimes be unnecessary. Renewing our mind daily is key. Taking our thoughts captive is key.

"Casting down imaginations, and every high thing that exalteth itself against the knowledge of God, and bringing into captivity every thought to the obedience of Christ" -- 2 Corinthians 10:5

2 Timothy 1:7 - For God hath not given us the spirit of fear; but of power, and of love, and of a sound mind.

As I prayed for this man, God turned my mind into a mind of Christ for him. I could tell in his face he was carrying a heavy load; he did not smile, he was burdened. I would like to believe Jesus came to him that day and helped him.

-- Julianne Burk, Director

Summer 2020



NEEDS LIST

Gas Cards

Toilet Paper

Paper Towels

Dish Soap

Bleach

Mr. Clean Floor Cleaner

Comet

Light Bulbs

Foil

Plastic Wrap

Gal. and Sandwich bags

> Disinfectant Wipes

> > **Stamps**



Ruby's Testimony

1 Cor 13:4-7

Its been a long journey. It seems like instead of me being 43, I've lived 100 years. A lot has changed for me since developing a real relationship with God. I used to think that God was a Sunday thing. I know now that that is not true. I used to walk around with all this weight on my shoulders, but the forgiveness and love of Jesus has set me free. I used to think love was just something people said to one another, with really no depth to it, no meaning. But in all actuality, love is forgiveness, love is kindness. Love is being there, mourning with somebody who is hurt. Listening. Putting others first.

Since being here at Guiding Light Ministries, I've met a lot of good people, like Jessica, my friend, and Tammy, my house mother. I'm learning its ok to be me. Little by little, I get a little stronger. And I'm learning to really love myself. I think this is all part of God's big plan for my life. He promised me that He will restore to me the years that the locusts have eaten (Joel 2:25). And I'm believing with all my heart and standing on that promise.

Carla's Testimony

When I arrived at Guiding Light, it was cold out and I was sick with pneumonia. I was needing a place to find stability, to rest, and to start again.

I have been here for about six months now and I am in a much better place. I love to cook and to teach people how to cook and am able to do this often. I am a lot healthier, I have made new friendships, and I am clean - physically and mentally and spiritually.

I feel blessed for God directing me to this place and I owe my life to God and to the people of Guiding Light.

DONATIONS

Guiding Light Ministries is in need of donations. Due to Covid, donations have been down and the need for help has risen. We are in need of monetary donations, vehicle donations—ours are pretty rugged, and prayer.

Our PayPal email is 1guidinglight@gmail.com

Make checks payable to Guiding Light Ministries

We are doing a BRICK

PAVER FUNDRAISER for

our front walkway. It

is \$100 to have your name on

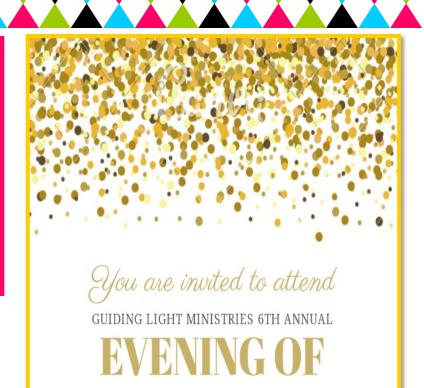
a brick. See us for details!

And as always.....THANK YOU!!!

We would like to thank EVERY-ONE who has supported our organization over the years. Your continued donations make it possible for us to serve the community.

"How can I help?"

- Donate money
- Volunteer time
- Like our Facebook Page
- Do a fundraiser or drive at your church, group, or workplace



INSPIRATION

TUESDAY, OCTOBER 20, 2020 6:00 PM

Forest Park United Methodist Church

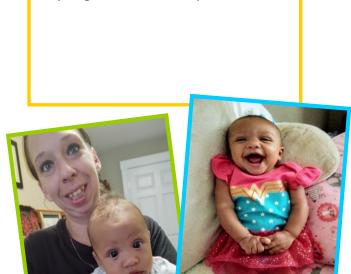
315 S COLLINS AVE LIMA, OHIO

RSVP TO JESSICA BEFORE OCT 16TH AT GUIDINGLIGHTLIMA@GMAIL.COM OR 419-204-0242

People become successful the minute they decide to.



This little darlin' and her momma moved into their own apartment recently. As you can see, this is cause for joy. Because of your donations, we were able to help provide Stormy and Charlie Jo with furniture, clothes, toiletries, food, and more. These two lovely ladies are success stories. They made it. They are making it. They are amazing. We love them very much and are super proud of their accomplishments. We are excited to see what God has in store for their lives and KNOW that He has good things in store for them both! Please keep them lifted in prayer as they begin their next chapter.



CORE VALUES

FAITH - We want the faith of Jesus Christ to shine through them so that they can live a fulfilling life and have peace in knowing they are never alone. "Fear not for I am with thee" Isaiah 43:5 "I will never leave thee nor forsake thee." Hebrews 13:5

HOPE - We want to foster hope and believe having hope will anticipate a positive future. "I know the plans I have for you," declares the Lord, "plans to prosper you and not to harm you, plans to give you hope and a future." Jeremiah 29:11.

LOVE - We believe that the everlasting love of Jesus Christ will help them to grow and thrive within the community and influence them to give the same love to their child. There are three things that remain faith, hope and love; and the greatest of these is love." I Corinthians 13:13

GIVING - We want them to understand the importance of giving so that they can live a fulfilling life of blessings. "Give and it shall be given unto you, pressed down, shaken together and running over, shall men give until your bosom." Luke 6:38.

INTEGRITY - We want to instill within them the quality of honesty for without this they will meet many obstacles that will hinder them in their ability to be successful. "Good people will be guided by integrity; dishonesty will destroy those who are not trustworthy." Proverbs 11:3.

PERSEVERANCE - Despite adversity, we want to show them that through their struggles, not quitting, will help them to become stronger and accomplish anything. "I can do all things through Christ which strengthens me." Phillipians 4:13.

"HOW CAN WE FAIL WITH GOD ON OUR SIDE."

LOVE THY NEIGHBOR

We provide a free, monthly, commUNITY meal to our neighbors and the residents of Lima. This means YOU are invited. Keep an eye on the Guiding Light Ministries Facebook page so you can join us!