the

Loving-kindness

Guiding Light Ministries Quarterly Newsletter

Holly's Story

I entered Guiding Light, 6 days of being clean off heroine and benzos. I was shaking, nervous, nauseas. Still dealing with withdrawal symptoms. Most of all I was TERRIFIED! Here I was a 33 year old woman having to face all the mistakes I made during my active addiction. It was extremely **OVERWHELMING!** Previously I was a successful business owner, a wife, and a mother. I was so ashamed of my choices. On my first day at the house, the Housemother said, "We like to talk here but most of all we are good listeners." I soon found out I was living with women that had similar issues. We were able to lean on each other for support. I had to relearn structure in life. There were chores, classes, devotions and curfews. On Sundays, women from all the houses went to church together. That is where the first time in a very long time I heard that still small voice. To be honest, I rebelled. I didn't make the best choices. I had consequences and I learned a valuable lesson. Pat encouraged me to make a list of goals. I had many things set up for my life to gain self-sufficiency and move forward. I started working and was active at NA. I found inner strength from God to keep trying. I met Amazing women that are still in my Life, that I lived with and worked there.



Holly's story continued.....

I must admit, I fought it and wanted things my way through it all. My stay was short but the lessons I learned will be forever with me. In the end after many struggles, I found my way back home with my family. They welcomed me home with open arms. My children are the most loving and forgiving people I know. They are just FULL OF LOVE. God also led me back to my Husband. I am beyond BLESSED to have this unconditional love. I am now a Wife and most importantly a Mother to my sons. My life motto has become His will and not mine. Guiding Light and the lessons learned helped me to recover, to face my issues, and to listen to God. TO trust in HIM in all that I do. FOR THAT I AM GRATEFUL!!

Save the Date

ANNUAL "EVENING OF INSPIRATION" DINNER

OCTOBER 23, 2017

For more info or to RSVP: email lguidinglight@gmail.com

Each year, Guiding Light Ministries hosts a wonderful evening of good food, friends and powerful testimonies from the ladies who have achieved success after living at one of the homes of Guiding Light. Please join us for this special Formal evening.



Board Members

Words of wisdom are always an important part of life from those we admire, trust and can learn from. Let's see what the Board Members of Guiding Light Ministries has to say.

Dr. Scherger

"Life is a series of choices between the bad, the good, and the best. Everything depends on how we choose. Try to choose the best."

Dr.Bill Scherger

Tracey Regula

"Everyone has a story and no two stories are alike, so always listen to see if you are able to help someone else."

"Always be kind you don't know what another person is going through."

"We all face trials and tribulations. It is through those times our faith in a loving God is sustained. For we lean on His word that proclaims, 'Christ in you, the HOPE of glory." Col 1:27

Dr. Tom Holmes

"The new mission field in our time and in our culture is to care for the addicted, struggling and broken. God has placed a mandate for His Church-the Body of Christ-to do His work of healing with boldness and without fear. God is LOVE. Perfect love casts out all fear. That is our rallying cry!

Director: JULIANNE FRANKHOUSER
THIS YEAR, WE WERE
PRONOUNCED AS THE "NON-PROFIT OF
THE YEAR" FOR 2017 AT THE CHAMBER
OF COMMERCE GALA. JULIANE WAS
ALSO NOMINATED IN THE TOP 3 FOR
THE "ATHENA AWARD". WE THANK ALL
WHO NOMINATED US AND HAVE
CONTINUED TO SUPPORT US OVER THE
YEARS! BLESSINGS TO ALL!!



REMEMBER YOU ARE BEAUTIFUL AND WHOLE AND THAT YOU CAN TRUST YOUR PROCESS.



You'll never change
your life until you
change something
you do daily. The
secret of your success
is found in your
daily routine.



Shanta's Story

Shanta' was one of the first residents of the Guiding Light Home. Here is her story.

"Well I have honestly come a very long way after I left from there. I am no longer with my kid's father. I tried hard, it didn't work out. I have been at Ada Tech for almost 3 years. I live in my own apartment. My son is now 5 and my daughter that I was pregnant with is now 3 years of age. I used to have a car, but unfortunately, my ex wrecked it. I'm not saying my life has been great. Of course I have had ups and downs, but the main thing that keeps me going is having my kids next to me telling me that I'm a great mom! Everything I do is for them. I have not yet finished school, but am working towards continuing to meet my goals in life. This I learned through the Life Skills Program at Guiding Light."

RAISE THE ROOF!

We are raising funds for a much needed roof at our second location Resting Place. We have had the property for two years now and repairs are needed. WE NEED YOUR HELP! If you would like to donate for this cause please make checks out to Guiding Light and put in the memo "Raise the Roof". You can also access our paypal through our website: www.guidinglighthome.org.

For more info email 1guidinglight@gmail.com

WE APPRECIATE YOU!!



Mean Green Golf Classic

Thanks to all who supported the Silent Auction on June 18, hosted by Hartsock Realty!!!

International Tank
Service
O'Reilleys
Sielchott, Walsh, Keifer
and Regula
Nitza's
Kelly's Boutique
Western Sizzlin'

Westgate Lanes
Cooper Tire-Mike Inbody
Godfather's Pizza
Military Surplus
Concealed Carry Classes
YMCA

We were also able to do a 50/50 drawing. ALL A SUCCESS!!!

KATHY'S HOUSE

OFFICIAL JUNE 19,2017

Kathy's House is officially open for any woman struggling for Addiction, PTSD, and Human Trafficking. This beautiful, serene home has been utilized over the years for counseling many people in need. Today we have prepared it for another location that Guiding Light Ministries can assist women in becoming self- sufficient and taking on the identity God already designed for them. WE ARE



LOOKING FOR A FULL TIME HOUSEMOTHER!

| YES—I want to invest in the future of our community! | | United |
|--|--|---|
| Individual Pledge Card For: | | Wav |
| Name | | United Way of Sumner County 1531 Hunt Club Boulevard, Suite 110 Gallatin, TN 37066 |
| Address | | (615) 461-8371 |
| City | State Zip | Pledge Amount Check Enclosed (Maler cliccls payable to United May of Summer County) |
| Email Address | Telephone | ☐ Bill Quarterly First Payment / Year / Year / |
| 2015 GT | Gifts to United Way of Sumner County are tax-deductible. | Thank you! |

United Way Pledge Cards

As many of you know, Guiding Light does not receive Government funding. We rely solely on support from individuals, businesses, churches, agencies and foundations to assist us in operating. One of the ways YOU can help is by designating your United Way Pledges to Guiding Light. We appreciate all donations BIG or small.

How can I donate?

1) Make checks payable to Guiding Light



- 2) on our website guidinglighthome.org
- 3) CASH DONATION



NEEDS LIST

Garbage bags Ziploc baggies bathroom cleaner (toilet and shower) plunger Dish soap Drano Mop Soap Pledge toilet paper Dishwasher tabs Bibles **Journals Planners** folders Thank You Notes Copy Paper envelopes stamps Gas cards Scotch tape & Light bulbs 60W,100W Carpet Shampooer Masking tape Tupperware Weed Trimmer Pest/Wasp spray Chip clips power strips simple tool set Pepto Bismol, Mylanta, Aspirin, Tylenol, Ibuprofen Glass cleaner

